2020 Plymouth Parks & Recreation Youth Basketball RULES* OF PLAY for

6th – 8th Grade Boys Division

Game Clock:

1st Half – 16 minutes (running clock)

2nd Half – 16 minutes (running clock; stopping clock in last 1 minute)

Half Time: Two minutes

Game Ball: Intermediate (28.5"); Size 6 basketball

3 Pointers: Yes

Defense: No back court unless in last 2 minutes of each half

<u>Offense</u>: Call 3 second lane, 5 second throw-in, 10 second back court, and 5 second closely guarded violations.

Timeouts: Two timeouts per half, each team; 30 seconds each

Fouls: 5 Fouls max per player

Overtime: 2 Minutes (stopping clock in last minute only); one 30 second time out per team; limit of one O/T per game.

Starting Lineups must have

One 6th Grader, when available

Playing Time:

Coaches will place an emphasis on their rotation so that all players participate about 50% of the game. Playing time for all players is earned when the player displays good sportsmanship, effort, and teamwork.

KEY POINTS:

- The goal of the program is to encourage the players so that they all continue to learn and improve.
- Respect the referees and the coaches.
- The referees are instructed to teach the rules during the games so that the players will both learn the rules as well as have fun. The referees are instructed to use their own judgment on when to blow the whistle.
- Please make sure players are drinking enough water.
- Coaches, parents, and players are expected and required to respect these rules.

*Rules are subject to change at the discretion of the coordinators or director:

Jay Dorso, Coordinator, Eli Terry, Jr. Middle School Jennifer M. Luba, Coordinator, Fisher Elementary School Briana J. Brumaghim, Director of Parks & Recreation