2020 Plymouth Parks & Recreation Youth Basketball RULES* OF PLAY for 4th & 5th Grade Boys Division

Game Clock

Four 8 minute quarters; running clock; stopping clock last minute of 2nd & 4th quarters

One minute between 1st & 2nd quarters and 3rd & 4th quarters

Game Ball: Junior (27.5"); Size 5 basketball

Halftime: Two minutes

3 Pointers: None

Defense: No back court defense

Offense: Call 3 second lane, 5 second throw-in, 10 second back court, and 5 second closely quarded

violations.

Timeouts

One time out each team per quarter; 30 seconds each

Fouls

5 Fouls max per player

<u>Overtime:</u> 2 minutes; stopping clock last one minute; one 30 second time out per team. Limit one O/T per game.

Playing Time:

Coaches will place an emphasis on their rotation so that all players participate as equally as possible during the game. Playing time for all players is earned when the player displays good sportsmanship, effort, and teamwork.

KEY POINTS:

- The goal of the program is to encourage the players so that they all continue to learn and improve.
- Respect the referees and the coaches.
- The referees are instructed to teach the rules during the games so that the players will both learn the rules as well as have fun. The referees are instructed to use their own judgment on when to blow the whistle.
- Please make sure players are drinking enough water.
- Coaches, parents, and players are expected and required to respect these rules.

Jay Dorso, Coordinator, Eli Terry, Jr. Middle School Jennifer M. Luba, Coordinator, Fisher Elementary School Briana J. Brumaghim, Director of Parks & Recreation

^{*}Rules are subject to change at the discretion of the coordinators or director: