# 2020 Plymouth Parks \& Recreation Youth Basketball <br> RULES* OF PLAY for 

## $4^{\text {th }}$ \& 5th Grade Boys Division

## Game Clock

Four 8 minute quarters; running clock; stopping clock last minute of $2^{\text {nd }} \& 4^{\text {th }}$ quarters
One minute between $1^{\text {st }} \& 2^{\text {nd }}$ quarters and $3^{\text {rd }} \& 4^{\text {th }}$ quarters
Game Ball: Junior (27.5"); Size 5 basketball
Halftime: Two minutes
3 Pointers: None
Defense: No back court defense
Offense: Call 3 second lane, 5 second throw-in, 10 second back court, and 5 second closely guarded violations.

## Timeouts

One time out each team per quarter; 30 seconds each

## Fouls

5 Fouls max per player
Overtime: 2 minutes; stopping clock last one minute; one 30 second time out per team. Limit one O/T per game.

## Playing Time:

Coaches will place an emphasis on their rotation so that all players participate as equally as possible during the game. Playing time for all players is earned when the player displays good sportsmanship, effort, and teamwork.

## KEY POINTS:

- The goal of the program is to encourage the players so that they all continue to learn and improve.
- Respect the referees and the coaches.
- The referees are instructed to teach the rules during the games so that the players will both learn the rules as well as have fun. The referees are instructed to use their own judgment on when to blow the whistle.
- Please make sure players are drinking enough water.
- Coaches, parents, and players are expected and required to respect these rules.

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[^0]:    *Rules are subject to change at the discretion of the coordinators or director:
    Jay Dorso, Coordinator, Eli Terry, Jr. Middle School
    Jennifer M. Luba, Coordinator, Fisher Elementary School
    Briana J. Brumaghim, Director of Parks \& Recreation

